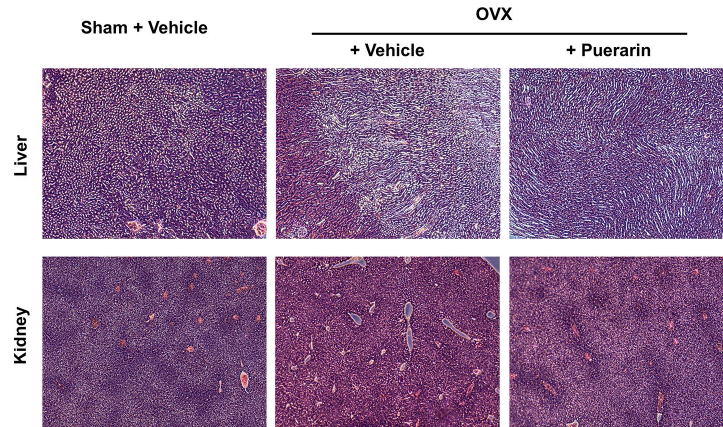
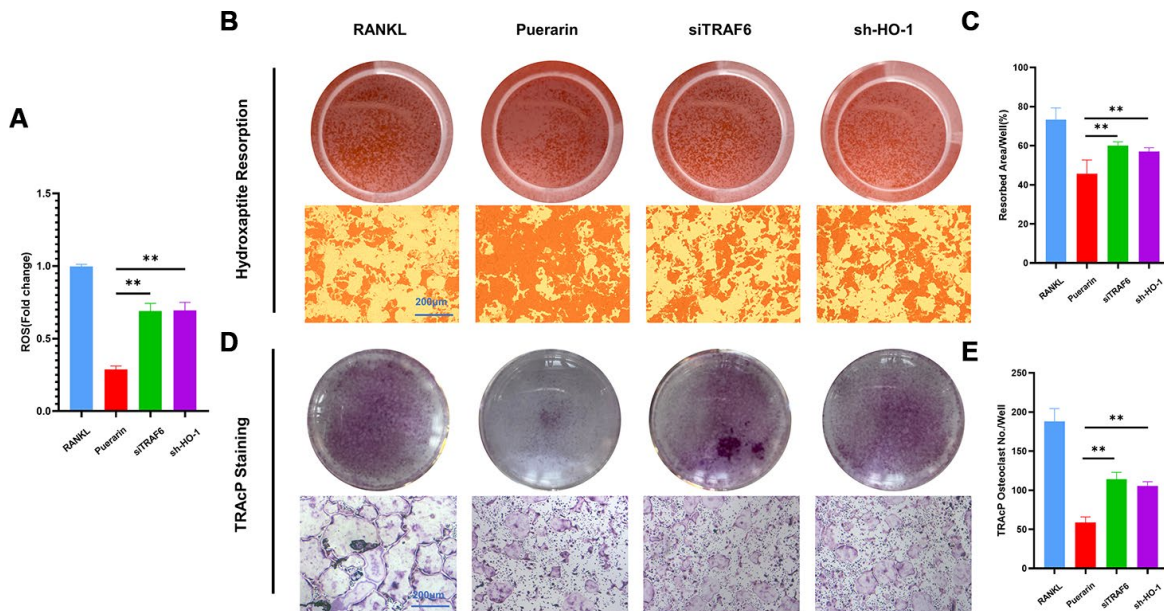


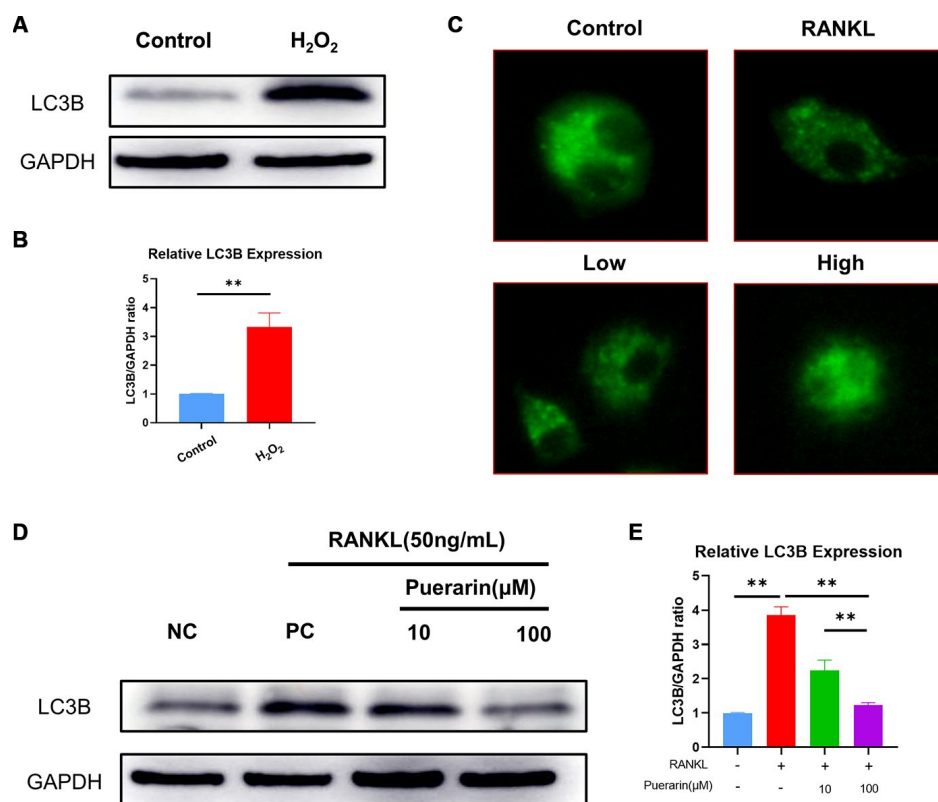
Supplementary Figures



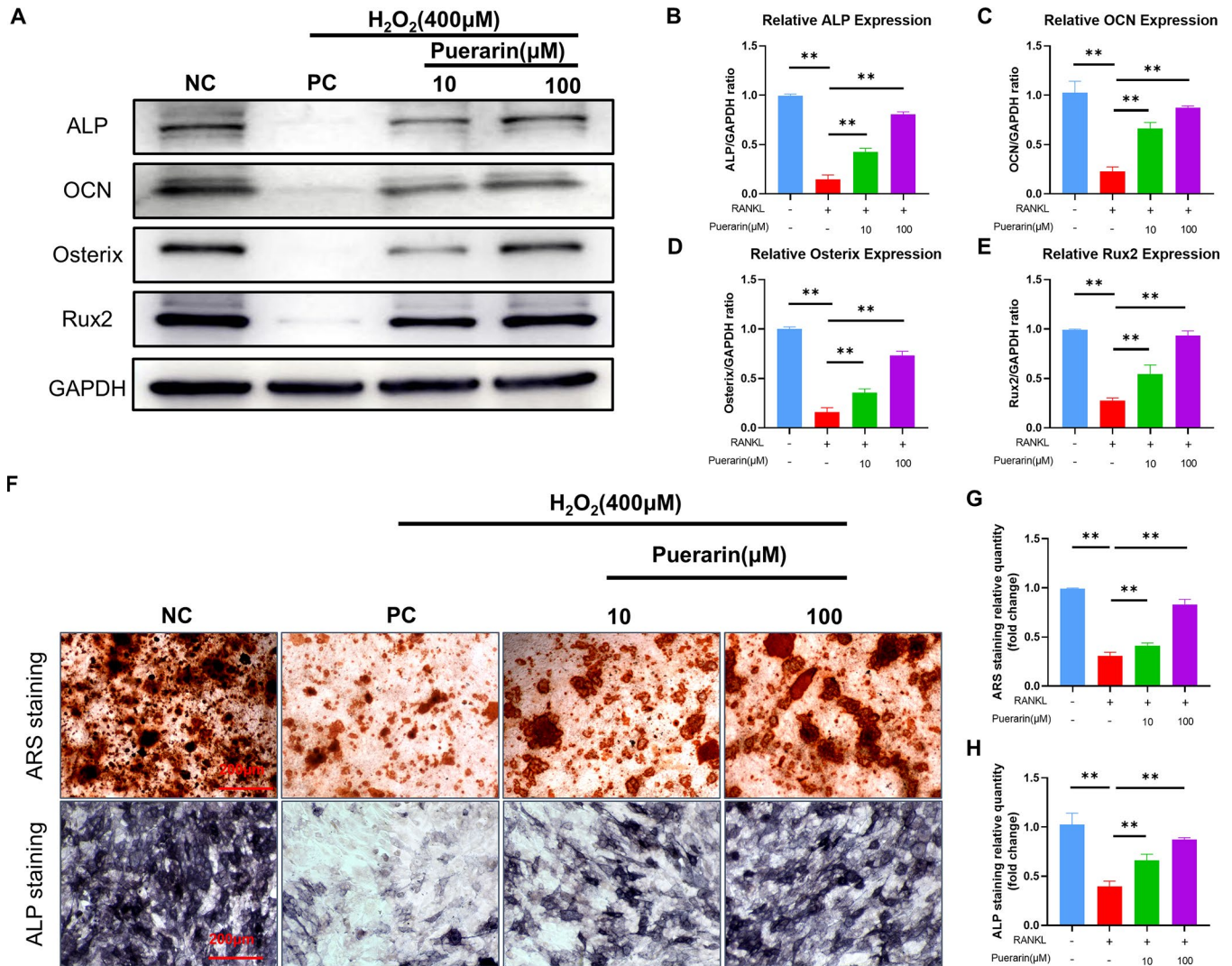
Supplementary Figure 1. H&E staining of the liver and kidney tissue sections in the puerarin treated OVX-induced osteoporosis model mice.



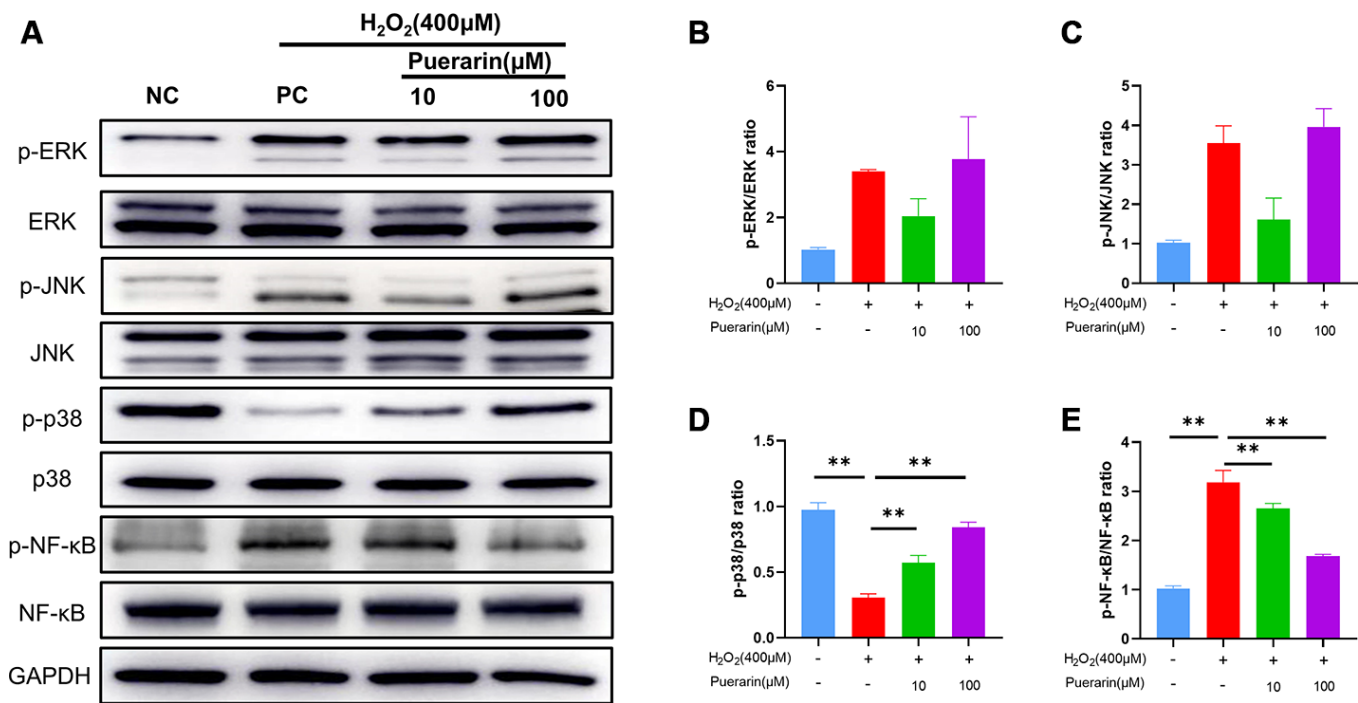
Supplementary Figure 2. Puerarin inhibits *in vitro* hydroxyapatite resorption activity of the osteoclasts and *in vitro* osteoclastogenesis by upregulating HO-1 and downregulating TRAF6. (A) Flow cytometry analysis of ROS levels by DCFH2-DA staining of control, HO-1 knockdown or TRAF6 overexpressing RAW264.7 cells treated with RANKL+puerarin. Note: n=3 per group, ** $P < 0.01$ vs. the Puerarin-treatment control group. (B) Representative images show osteoclastogenesis efficiency based on hydroxyapatite resorption assay in the control, HO-1 knockdown or TRAF6 overexpressing RAW264.7 cells treated with RANKL+puerarin. (C) Quantitative analysis shows the hydroxyapatite resorbed area per osteoclast and the total resorbed hydroxyapatite area in the control, HO-1 knockdown or TRAF6 overexpressing RAW264.7 cells treated with RANKL+puerarin. Note: n=3 per group; ** $P < 0.01$ vs. the Puerarin-treatment group. (D) Representative images show osteoclastogenesis efficiency based on TRAcP staining in the control, HO-1 knockdown or TRAF6 overexpressing RAW264.7 cells treated with RANKL+puerarin. (E) Quantitative analysis of the TRAcP staining assay results show of the numbers of TRAcP-positive cells (>3 nuclei) in the control, HO-1 knockdown or TRAF6 overexpressing RAW264.7 cells treated with RANKL+puerarin. Note: n=3 per group; ** $P < 0.01$ vs. the Puerarin-treatment group.



Supplementary Figure 3. Puerarin suppresses autophagy in the *in vitro* differentiated osteoclasts. (A, B) Western blot analysis shows LC3B levels in the control, H₂O₂-induced RAW264.7 cells. Note: n=3 per group; ** *P* < 0.01 vs. the control group. (C) Representative images show the MDC staining in the control, RANKL-induced and RANKL+Low/High dose puerarin-treated RAW264.7 cells. (D–E) Western blot analysis of cell lysates with antibodies against LC3B in the control, RANKL-, low-dose puerarin+ RANKL-, and high-dose puerarin+ RANKL-treated RAW264.7 cells. Note: n=3 per group, ** *P* < 0.01 vs. the RANKL-induced group.



Supplementary Figure 4. Puerarin reduces ROS-induced inhibition of osteoblast differentiation in MC3T3-E1 cells. (A–E) Western blot analysis shows the expression of ALP, OCN, Osterix and Rux2 proteins in the control, H₂O₂, low-dose puerarin+ H₂O₂, and high-dose puerarin+ H₂O₂-treated MC3T3-E1 cells. Note: n=3 per group, ** *P* < 0.01 vs. the H₂O₂-induced group (F–H) Representative images and quantitative analysis shows the ARS and ALP staining in the control, H₂O₂, low-dose puerarin+ H₂O₂, and high-dose puerarin+ H₂O₂-treated MC3T3-E1 cells. Note: n=3 per group, ** *P* < 0.01 vs. the H₂O₂-induced group.



Supplementary Figure 5. Puerarin reduces ROS-induced inhibition of osteoblast differentiation by activating p38 MAPK and downregulating NF-κB signaling. (A) Western blot analysis shows the levels of p-ERK, ERK, p-JNK, JNK, p-p38, p38, p-NF-κB, NF-κB and GAPDH in the control, H₂O₂-, low-dose puerarin+ H₂O₂-, and high-dose puerarin+ H₂O₂-treated MC3T3-E1 cells. (B–E) Quantitative analysis shows ratios of p-ERK/ERK, p-JNK/JNK, p-p38/p38 and p-NF-κB/NF-κB in the control, H₂O₂-, low-dose puerarin+ H₂O₂-, and high-dose puerarin+ H₂O₂-treated MC3T3-E1 cells. Note: n=3 per group; ** *P* < 0.01.